

Rsync-enabled NAS Hardware Compatibility List

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C Obeu Lifes



WHITEPAPER BackupAssist Version 5.1 www.BackupAssist.com



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Introduction

This whitepaper will outline the setup of four NAS devices that will provide BackupAssist with an Rsync data host. The data host will be configured so BackupAssist for Rsync can connect and upload your data via either an Rsync daemon or Rsync via an SSH tunnel to the NAS device.

For the purposes of a **turnkey Internet backup solution**, we strongly recommend the QNAP for two reasons: first, it is the only one that supports secure Rsync – that is, running Rsync over SSH (the same encryption technology as https); and second, it is very easy to setup and configure, whereas other devices require more effort.

None of these devices are endorsed by BackupAssist, they are only devices that we have tested with BackupAssist for Rsync and are capable of accepting an Rsync connection from BackupAssist for the purpose of data transfer.

Hardware Setup Instructions

QNAP TS-209

This setup guide begins with a QNAP TS-209 with factory default settings.

- 1) Begin by setting up your NAS as per the 'out-of-the-box' instruction. This include adding disks, powering the device up and connecting it to your network.
- 2) Insert the setup disk into a workstation on the same network as the QNAP, install and run the QNAP Finder.
- 3) Once QNAP finder has located your QNAP click on the entry in the table, then click 'configure' (see below). This will begin the QNAP setup wizard that will guide you through setting up the device. During the wizard you will be required to change the Admin account password as well as set up the network interface. It is important during these steps you take note of the password and IP address for the QNAP.

🙅 QNAP Finder				
Servers Connect	Settings Tools Help			
			1801 (108	
Name	IP Address	Version	Server Type	MAC Address
baQNAP	192.168.1.62	2.1.0 (0904T)	TS-209	00-08-9B-8B-F4-4E
-				
1				i
Co <u>n</u> nect	<u>C</u> onfigure <u>D</u> e	ails <u>R</u> i	efresh	<u>E</u> xit

4) After you complete the setup wizard your default internet browser will be launched and the below page will load. Click "Administration" and enter the administrator account details.



5) Once at the main page, click 'Remote replication' under the 'System tools' heading. Once the page loads, check the tick box marked "Allow remote Rsync server to back up data to NAS", then click "ok". Close the window to log out.



You should now configure the BackupAssist client to use your NAS data host. Install BackupAssist v5.1 or later. You will have a free 30 day trial, but beyond this trial period, you will need to purchase a licence for "BackupAssist for Rsync" to continue using it.

- 1. Once BackupAssist is installed you will need to create a new BackupAssist backup job.
 - i. Launch the BackupAssist console and choose File > New backup job from the top menu.
 - ii. Select Rsync as your Backup type and click Next (see screenshot below).

BackupAssist - Create	job			
	How do you want to backup Select the type of backup job	?) you would like to create		2
O Backup type	System backup		Application backup	
O Choose destination	。 🥵		。 📑	
Choose schedule	NTBackup	Windows Imaging	Exchange Mailbox	
O Setup destination	- Files & system state - 2003, 2000, SBS & XP only - Exchange & SQL*	- Complete disk image - Server 2008 & Vista only	- Individual mailbox backups - Group by period for easy archiving	
Files and folders	*Only available after wizard			
 Notifications 	File backup		_	
Prepare media	1			
🔵 Name your backup	File	 Rsync 	o 🧾 sql	
	- Files and directories - Mirror or backup	- Files and directories - Mirror or backup - Suits internet and network destinations	- Transaction log backups - Multiple daily backups	
	More about backup methods			
		< <u>B</u> ac	k <u>N</u> ext > <u>C</u> ance	

- iii. In the Rsync Server options section (see screenshot below), complete the following:
 - a. Enter your Rsync server name (or IP address), and choose "Rsync over SSH". This option ensures that your data is encrypted over the wire.
 - b. Under "Path on server", type in the path to your backup directory. For the QNAP you will want to write you backup data to a sub directory in the /share/ path i.e. /share/backups/ for ease of access.

Note: It is best to use a new, empty directory for this path. The parent directory must exist, but the sub directory will be created when the job is first run, i.e. /parent/sub_directory/.

- c. Enter the account name "admin" as your username
- d. Click 'Register with server...' You will be prompted to enter your password, and, once entered, BackupAssist will create a public/private key pair to authenticate you to the data host. This will be the only time you need to enter your password. If successful, a message will appear to the right of the 'Register with server...' button.
- e. Click the 'Test connection...' button to test communication with the Rsync server.

To gain access to you data, you can access the /share/ directory in one of two ways:

As a network share: Simple type <u>\\[Server IP]\</u> into (start > run) and you will be presented with the contents of the /share/ directory/

Via FTP: By default the QNAP runs an FTP server on port 21. To access this simple go to your web browser and type into the address bar ftp://[SERVER IP]/. You will be prompted for the Admin account details before you are able to access your data.

Netgear ReadyNas NV+

Note: Since conducting our testing, Netgear have released the **Pro Business, NVX** and **2100** models which our customers tell us support Rsync over SSH. Some of the following steps may not be applicable to these models.

This setup guide begins with a ReadyNas NV+ with the factory default settings.

- 1. Start by setting up your NAS so that you are able to access the web-control panel.
- Once you have the device RAID operational, open a browser window and navigate to <u>https://[netgear</u>
 <u>IP]/admin</u> and log in using the admin account.

Note: the IP of your NAS can be found by looking at the small display located at the bottom of the NAS device. If this display is blank, briefly press the power button to activate it.

3. From the ReadyNas control panel click 'Setup Wizard' to begin the setup process. During this process there are a number of key steps required to allow BackupAssist to connect to the ReadyNas via Rsync, which are outlined below. Some of the setup, however, will be specific to your own network and is not covered in the scope of this whitepaper.

Time date region: User set

Email contact settings: User set

IP config settings: *User set* – you need to ensure, however, that this subnet is reachable by your BackupAssist machine.

Gateway settings: *User set* – these need to be setup correctly in order for the NAS to have access to the Internet so as to make use of Rsync over a WAN.

Password creation: The password you create in this step will be used by BackupAssist to connect to Rsync that will be running on this NAS.

File sharing settings: Depending on how access to the internet is configured on your network you may need to alter these settings.

Protocols: Here you will need to enable the Rsync protocol on the ReadyNas. To do this, simply tick the box marked "**Rsync**, a popular incremental backup protocol used in Unix and Linux environments."

Streaming services: User set

Add-ons: User set

Shares on RAID Volumes: No changes need to be made on this window.

Add shares: You will need to create a new share for your Rsync data to be stored. In this example we have created a share called "rsyncdata" with no size limit (data quota).

Enter the share names and descriptions you wish to add. You can optionally specify a share password and share-level disk quota. Disk quota value of 0 disables quota enforcement.

Name	Description	Password (optional)	Quota (MB)
rsyncdata	Rsync		0
			0
			0
			0
			0

USB Printers: User set

Registration: User set

4. Once the wizard has been completed, click the 'Advanced Control' button, then expand the "Shares" menu and click "share listing" to access the view below.

ares						Home	Refresh	Help	Logo
Network									
Security	Shares on RAID Vo	lumes							
Services									
Shares								: +-	
hare Listing	display the currer	t access level in	the status	bar. Quota	values of	0 disable	is quota enfi	orcement	For
dd Shares	instruction on hov	v to access the s	hares, click	Help.					
Backup									
Printers	Share Name Desc	ription	Password	Used Quo	ta (MB) CIP	S AFP H	TTP/S Rsync	Delete	
System	backup Back	up Share		0 0		ĩ 🖻			
Status	media Medi	a Server Share		0 0		1			
	rsyncdata Rsyn	c		0 0		1 📄			
	Shares on USB Sto	rage Devices							
	No USB shares ex	ist. Plug in a USE	3 storage d	evice and o	lick Refres	n to disp	ay a USB sh	are.	

- 5. Under the "Rsync" column click the document icon that corresponds to you Rsync data share (in this case, "rsyncdata") to access the Rsync connection options.
- 6. Enter the username and password that BackupAssist will use to connect to your Rsync server.

hare Access Restriction	5
Share access for the file p	rotocol can be restricted using the access list(s) below.
Hosts allowed access:	Separate entries with comma
sync Password Option	
s ync Password Option ou can elect to set one o	r more login users and passwords for rsync access to this share. The
s ync Password Option ou can elect to set one c ser names are specific to	r more login users and passwords for rsync access to this share. The o rsync and need not be user accounts on the NAS.
sync Password Option ou can elect to set one o iser names are specific to Enable password protect	or more login users and passwords for rsync access to this share. The o rsync and need not be user accounts on the NAS.
You can elect to set one of user names are specific to retermine the password protect of the pack of t	or more login users and passwords for rsync access to this share. The o rsync and need not be user accounts on the NAS. Hon ups Password: ••••••

i. You will also need to change the following settings on this screen:

Default Access = Read/Write Enable password protection = enabled

ii. Apply these settings then log out of the console.

You are now ready to link the BackupAssist console to your NetGear ReadyNAS.

- 7. To configure the BackupAssist client to use your Windows data host first install BackupAssist v5.1 or later. You will have a free 30 day trial, but beyond this trial period, you will need to purchase a licence for "BackupAssist for Rsync" to continue using it.
- 8. Once BackupAssist is installed you will need to create a new BackupAssist backup job:
 - i. Launch the BackupAssist console and choose File > New backup job from the top menu.
 - ii. Select Rsync as your Backup type and click Next (see screenshot below)



- iii. Enter in your Rsync server name (or IP address), and choose "Rsync Daemon". This option will not encrypt your data.
- iv. Under "Path on server", type in "rsyncdata"
- v. Then enter in the Username: Admin and Password for this account to access the ReadyNAS. In our case **Backups** and the appropriate password.
- vi. Click the "Test connection ... " button to test communication with the Rsync server

BackupAssist - Create j	ob		
BackupAssist	Rsync server Set up your l	settings Rsync server	٥
Backup type	Rsync Server:	192.168.1.82	
Choose destination	Server type:	Rsync Daemon	
O Choose schedule	Port:	About Rsync Server types	
Setup destination	Path on server:	rsyncdata	
Files and folders	Username:	Start with the module name, then the relative path. eg. backups/Server/data backups	
Notifications	Password:	******	
🔘 Prepare media		Register with server	
🔵 Name your backup		I est connection	

Drobo rev1

This setup guide begins with Drobo rev1 with the factory default settings.

- 1. Begin by setting up your Drobo as per the manufacturer's instructions, ensuring that you have enabled your Drobo to run DroboApps by completing the following:
 - i. From the Drobo Dashboard open "Advanced Controls" and choose the "Tools" tab
 - ii. Click "Setup" from the DroboShare section and select the "DroboApps" tab
 - iii. Check "Enable DroboApps"
- You will then need to download the Drobo Rsync client and place the downloaded file in the DroboApps folder of your Drobo. Client available from http://www.drobo.com/droboapps/downloads/index.php?id=12
- 3. To finish the installation of Rsync on your Drobo you will need to reboot it.
- 4. After you Drobo has restarted use a file browser to navigate to the DroboApps/Rsync/ directory and, using a plain text editor (such as notepad or wordpad), open the rsyncd.conf file. Under the [Drobo0] entry replace all entries with the following and save the file:

```
path = /mnt/DroboShares/Drobo
comment = Drobo Share
read only = false
```

Note: we assume here that your main Drobo share is called "Drobo", which is the default name given by the Drobo client software.

You are now ready to link the BackupAssist console to your Drobo device.

- 5. To configure the BackupAssist client to use your NAS data host, first install BackupAssist v5.1 or later. You will have a free 30 day trial, but beyond this trial period, you will need to purchase a licence for "BackupAssist for Rsync" to continue using it.
- 6. Once BackupAssist is installed you will need to create a new BackupAssist backup job.
 - i. Launch the BackupAssist console and choose File > New backup job from the drop-down menu.
 - ii. Select Rsync from job type choices and then click Next (see screenshot below)

BackupAssist - Create j	job		
	How do you want to backup Select the type of backup jo	p? b you would like to create	2
O Backup type	System backup		Application backup
Choose destination	。 🐝		o 📑
O Choose schedule	NTBackup	Windows Imaging	Exchange Mailbox
O Setup destination	- Files & system state - 2003, 2000, SBS & XP only - Exchange & SQL*	- Complete disk image - Server 2008 & Vista only	- Individual mailbox backups - Group by period for easy archiving
Files and folders	*Only available after wizard		
 Notifications 	File backup		-
O Prepare media	5	~	
🔵 Name your backup	File	 Rsync 	O SQL
	- Files and directories - Mirror or backup	- Files and directories - Mirror or backup - Suits internet and network destinations	- Transaction log backups - Multiple daily backups
	More about backup methods		
		< <u>B</u> ac	k <u>N</u> ext > <u>C</u> ancel

- iii. Enter in your Rsync server name (or IP address), and choose "Rsync Daemon". This option will not encrypt your data.
- iv. Under "Path on server", type in "Drobo0"
- v. Then enter in the Username: Admin and Password for this account to access the Drobo.
- vi. Click the "Test connection..." button to test communication with the Rsync server. (see screenshot below)

BackupAssist - Create j	ob		
BackupAssist	Rsync server Set up your P	settings Async server	2
💿 Backup type	Rsync Server:	192.168.1.83	
Choose destination	Server type:	Rsync Daemon	
● Choose schedule	Port:	About Rsync Server types R73	
O Setup destination	Path on server:	drobo0 Start with the module name, then the relative path. eg. backups/Server/data	
Files and folders	Username:	admin	
Notifications	Password:	****	
🔘 Prepare media		Register with server	
O Name your backup		Test connection	

Synology Disk Station DS 408

This setup guide begins with a Synology Disk Station with the factory default settings.

1. Being by setting up your Synology using the quick setup guide, making sure to specify a password for the 'Admin' account when prompted.

- 2. Once the setup has been completed, use the Synology Assistant to access the HTTP management console.
- 3. From your Synology's management console there are a number of things we need to setup:
 - i. Creating a partition:
 - a. Click storage > volume from the Synology management console
 - b. Then choose **Create** from the volume management window and follow the wizard (please note for this example we are using volume1 for all of our storage, you can change this as you see fit)

Synology Disk Station -	DiskSt	ation - Microsoft Internet Ex	plorer					
<u>File E</u> dit <u>V</u> iew F <u>a</u> vorites	<u>T</u> ools	Help						
🕒 Back 👻 🐑 👻 💌	2	🏠 🔎 Search 🔶 Favorite	s 🚱 🗟 •	🎍 🖭 🔹 🔜	🔊 🛍 🚳			
Address 🔄 http://192.168.1.80	0:5000/	webman/index.cgi					💌 🔁 G	io Links »
Synology	Dis	ik Station Manage	r 2.0				Welcome adm	iin Logout
Disk Station	~	Home >> Storage >> Volume	2					?
🛒 Home 🛛 🔯 Restart 🕶								
Information Status Status System System System PPPoE Time PVoE Time Power Restore Defaults Forware Update System Stared Folder Starage Starage		Volume €Get Info © Crea Expand @ Upgre Volume ▲	te Repair X de Add Disk 7 Type Basic	Remove	Completed	Capacity 70.41GB	Available 70.1908	
E HDD Management						+ww	w.synology.com	~

- ii. Enabling Terminal Services:
 - a. To do this click **Network services** > **Terminal** from the Synology management console and enable the checkbox marked "Enable SSH service"

Synology Disk Station - DiskS	ation - Microsoft Internet Explorer	
Eile Edit View Favorites Tools	Help	Ar
🌀 Back 🔹 🕥 🕤 💌 😰	🏠 🔎 Search 🤺 Favorites 🕢 😥 - چ 📧 - 🛄 🌠 🎎 🥸	
Address 🖉 http://192.168.1.80:5000	/webman/index.cgi	So Links 🎽
Synology Dis	sk Station Manager 2.0	Welcome admin Logout
Disk Station 《	Home >> Network Services >> Terminal	?
Hone Restart •	Terminal Terminal Service Options Use Terminal service to login and manage your system Enable Telnet service Enable SSH service	OK Reset +www.synology.com
 Network Backup Network Backup Service External Devices Download Station 		

iii. Enabling Network Backup (Rsync)

a. To do this click **Backup** > **Network Backup Service** from the Synology management console and enable the checkbox marked "Enable network backup service"

Synology Disk Station - DiskStation	n - Microsoft Internet Explorer	
File Edit View Favorites Tools He	elp	
🌀 Back 🝷 🕥 🕤 📓 🐔	🔎 Search 🤺 Favorites 🤣 🔗 🍓 🔟 🔹 🧾 🕼 🌋	
Address 🛃 http://192.168.1.80:5000/webm	man/index.cgi	Go Links 🌺
Synology Disk s	Station Manager 2.0	elcome admin Logout
Disk Station «	Home >> Backup >> Network Backup Service	· · · · · · · · · · · · · · · · · · ·
 This Unestant Privileges Group Shared Folder Storage HDD Management Volume Network Services WinMac OS FTP Web Services Multimedia Trunes E-Internet Storiellance Station Terminal Backup Configuration Backup Network Backup Network Backup Network Backup Network Backup Network Backup Network Backup Service Download Station 	Network Backup Service Prable this option to allow a Synology server or a rsync-compatible server to perform networ backup to Dakis Station. Image: The service of the service of the service of the server to perform service of the server to perform network backup server to per	rk Reset

- 4. Take note of the IP address of the Synology (found under Information > Status)
- 5. Using an SSH Terminal Service provider such as Putty (URL for putty) log into an SSH session on your Synology, using:
 - i. The IP address noted during step four.
 - ii. The user name: root
 - iii. The password of your Admin Account.
- 6. Once you have logged into the terminal you will need to modify the Rsync config file to allow BackupAssist to connect to the Synology and place the data in the correct directory. You will also need to modify the home directory of your Admin user to the backup directory.
 - i. From the terminal enter the following:

vi /etc/passwd

ii. Then using the arrow keys locate the following line:

admin:x:1024:100:System default user/volume1/@database/:/bin/sh

iii. Using the 'x' key to delete characters make the line as follows:

admin:x:1024:100:System default user/volume1/:/bin/sh

- iv. the press 'shift' +'z' twice to save and exit.
- 7. You will now need to modify your Rsync config file to point it to the backup directory.
 - i. Enter the following:

vi /etc/rsyncd.conf

ii. Then press 'i' to edit the file in text mode, and modify the line under [Netbackup] to be the following

```
Path = /volume1/NetBackup/
```

- iii. Press 'esc' then 'shift' +'z' twice to save and exit.
- 8. You now need to stop and start the Rsync service on the Synology to affect the changes you have made:
 - i. Enter the following:

ps aux

This will present you with a list similar to that shown below. You will need to kill the process using the process ID; in this case it is **5521**.

3319	root		sw	[kjournald]
5435	root	1028	ន	/usr/syno/sbin/sshd
5467	root	2408	ន	/usr/syno/apache/bin/httpd -f /usr/syno/apache/conf/h
5521	root	1156	ន	/usr/syno/bin/rsyncdaemon
5524	root	1948	ន	sshd: root@ttyp0
5526	root	388	ន	-ash
11259	root	352	Т	vi /etc/passwd
16370	root	740	R	ps aux
DiskSt	ation>			

ii. To kill this process, locate it in the list and with your process ID type the following:

kill 5521

Where 5521 is your Rsync process ID

iii. Then you will need to restart it with the following line

/usr/syno/bin/rsync --daemon

iv. Then type:

Exit

You are now ready to link the BackupAssist console to your Synology NAS device.

- To configure the BackupAssist client to use your NAS data host first install BackupAssist v5.1 or later. You will have a free 30 day trial, but beyond this trial period, you will need to purchase a licence for "BackupAssist for Rsync" to continue using it.
- 10. Once BackupAssist is installed you will need to create a new BackupAssist backup job.
 - i. Launch the BackupAssist console and choose File > New backup job from the drop-down menu.
 - ii. Select Rsync as the Backup type and then click Next (see screenshot below).

BackupAssist - Create job								
	How do you want to backup Select the type of backup jo	p? b you would like to create	2					
O Backup type	System backup		Application backup					
O Choose destination	。 🐝		o 📑					
Choose schedule	NTBackup	Windows Imaging	Exchange Mailbox					
O Setup destination	- Files & system state - 2003, 2000, SBS & XP only - Exchange & SQL*	- Complete disk image - Server 2008 & Vista only	- Individual mailbox backups - Group by period for easy archiving					
Files and folders	*Only available after wizard							
Notifications	File backup		-					
Prepare media	5	\sim						
Name your backup	File Reniration	 Rsync 	o SQL					
	- Files and directories - Mirror or backup	- Files and directories - Mirror or backup - Suits internet and network destinations	- Transaction log backups - Multiple daily backups					
	More about backup methods							
		< <u>B</u> ac	k <u>N</u> ext > <u>C</u> ancel					

- iii. Enter in your Rsync server name (or IP address), and choose "Rsync Daemon". This option will not encrypt your data.
- iv. Under "Path on server", type in "NetBackup"
- v. Then enter in the Username: Admin and Password for this account to access the Synology.
- vi. Click the "Test connection..." button to test communication with the Rsync server. (see screenshot below)

BackupAssist - Create job							
BackupAssist	Rsync server settings Image: Constraint of the server Set up your Rsync server Image: Constraint of the server						
Backup type	Rsync Server:	192.168.1.80					
Choose destination	Server type:	Rsync Daemon					
O Choose schedule	Port:	About Rsync Server types					
O Setup destination	Path on server:	NetBackup					
Files and folders	Username:	admin					
Notifications	Password:	****					
🔘 Prepare media		Register with server					
O Name your backup		l est connection					

Troubleshooting and Support

Appendix

Data host - the server that has been set up to host backup data

Client - the machine that BackupAssist is installed on, that sends data to the data host

SSH Authentication – For SSH communication, we use a public / private key method of authentication meaning that you will only be asked for your password once (when registering with the server), and your public key will be uploaded to the server, enabling BackupAssist to log into the server in the future in a secure, password-less manner. For more information on public / private key authentication, visit the following Wikipedia article.

Wikipedia Public Key Cryptography

Daemon Authentication – For Daemon mode, your password is stored in encrypted format by BackupAssist and provided every time the backup runs. When running in Daemon mode, traffic will be unencrypted. For this reason, we recommend that you only use this closed network environments, such as LANs or WANs connected by a secure VPN. Note that VPNs inherently encrypt communication between nodes, so using Rsync in Daemon mode over a VPN is still secure.

Troubleshooting

Test connection failed: Ensure that you are able to ping your Rsync server from your BackupAssist server and you have opened up the appropriate ports on your firewall.

Register with server failed: Ensure that you have the correct username and password as setup on your Rsync server.

When using Rsync over SSH you are repeatedly asked for your password during the 'register' phase: Ensure that you have removed the 'Deny local logon' entry for your local machine, or in domain policy.

Support details

Thank you for taking the time to view this Whitepaper. If you have any enquiry about BackupAssist or the Internet Backup add-on please contact us via email: support@backupassist.com